Face Mask Directions (with Elastic)

What you will need:

Cotton fabric or Batik fabric (no loose weave fabric)

• 1/4" elastic or rope elastic: For rope elastic: cut 7" long and tie a knot in the end

For 1/4" elastic: cut 7" long

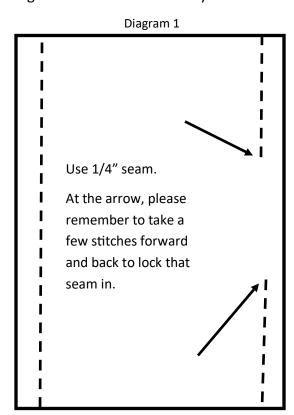
• For added protection: You can add a layer of iron on lightweight stabilizer or an extra layer of fabric.

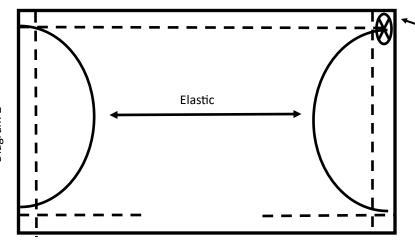
Mask Sizes: Child or Adult

Cut two pieces of cotton fabric:

Adult: 9" x 6 1/2" Child: 7 1/2" x 5"

- Place right sides of fabric together. If using three pieces of fabric, just layer two on the one side and one on the other.
- Stitch across the two long sides. (diagram 1)
 Use a 1/4" seam and stitch along the entire one side and stitch two seams on the other side, which will leave an opening for turning the fabric.
- Place elastic inside tube (between right sides of fabric) and stitch down both end sides. Make sure you stitch forward and back overtop of the area where the elastic is to make sure this is secure. (diagram 2).





Note: If you have knotted rope elastic, make sure the knot is on the outside of where you are stitching so it gets caught in the seam.

Jiagram 2

- Turn the mask right side out through the hole that was left in the top seam.
- Now is a good time to press the mask with an iron.
- Pin 3 tucks on each side of the mask. Make sure the tucks are in the same direction.
- Stitch along the edge of the mask, all the way around. This will close off the top opening, and will also secure the tucks in place.
- Tip: On each tuck, it is a good idea to take a few stitches from and back over that tuck to secure them in place.













